



# MANASQUAN COMMUNITY CENTER PROGRAMS

<b>Teen Programs</b>	<b>Youth Programs</b>	<b>Pre-School Activities</b>	<b>Childcare Programs</b>
Movie Nights	Art Classes	Paint, Paste and Pour	Summer Recreation
Dances	Acting Classes	Dance Classes	School Vacation Camp
Acting Classes	Dance Classes	Munchkins on the Move	School's Out Day Camp
Creative Writing Classes	Martial Arts Classes	Kindertots	Parents Night Out
Art Classes	Kid Fit Classes	Martial Arts	Holiday Drop and Shop
SAT Prep Courses	Kids in the Kitchen	Kaleidoscope Kids	
Girls Self-Defense	Junior Wizards	Little Wizards	
Martial Arts Classes	Tumbling Classes	Kids in the Kitchen	
Red Cross Babysitter Training Course	Yoga Classes	Kiddie Kapers	
Yoga Classes		Tumbling Classes	
Fitness Classes			
CPR/First Aid Course			
Game Nights			
Teen Adventure Programs			
<b>Adult Fitness Programs</b>			
Group Exercise Classes (Kickboxing, STEP Aerobics, Circuit Training, etc)			
Mat Pilates Classes			
Yoga Classes			
Tai Chi Classes			
Fitness Evaluations			
Personal Training			

\* Teen defined as ages 12-16

\* Youth defined as ages 6-11

\* Preschool defined as up to 5 years of age